

Silence and Stillness Retreat in the Ashram

5th to 9th August 2026

Good to know

Retreat Accommodation and Children:

- Participants must be at least 16 years old.
- Childcare is available upon request. Please contact us via e-mail: info@maitribodh.eu
- Rooms are separated by gender for energetic reasons; couple rooms are not available.

Retreat Start and End Details:

- Start: 5th August at 2 pm
Check-in at the Ashram is on 5th August from 10:00 am onwards.
- End: 9th August at approx. 5 pm
Accommodation for the night from 9th to 10th August is included in the retreat price.
Check-out is at 12:00 pm on 10th August.

Bus Transfer from Mumbai Airport to the Ashram:

- If you arrive on 5th August, there is a bus transfer running from Mumbai Airport to the Ashram which is included in your Retreat price. Departure time: 10:00 am.

Extending your Ashram Stay:

You may arrive from 29 July 2026 and stay until 30 August 2026 at the latest.

- If you arrive before 5th August, you must arrange transportation to the Ashram yourself. We will share details of two taxi companies with which we have arranged pre-negotiated transfer rates.
- If you extended your stay, note the price for additional nights is 25 Euros / 29 USD. This is payable in cash on site.
- If you arrive on or after 3rd August, you can check into your reserved room.
- Before 3rd August and post 10th August, all participants will be assigned into a triple-sharing room.
- To help you maximise your stay and fully experience the uplifting energies of the Ashram, we will share a daily schedule as part of your extended stay before or after the Retreat.
Therefore it is not possible to stay overnight outside the Ashram during this extended period.
- Single rooms are generally not available. In exceptional cases, and if rooms are available, a single room may be booked at an additional cost.
- Once you have booked your retreat place, you will receive a comprehensive handbook and have the opportunity to join an information call to ensure you have all the details about the retreat, your stay in India and to answer any questions you may have.

